

BlueJourney Alliance
Lung Care (HMO SNP) and
BlueJourney Alliance Heart
and Diabetes Care (HMO SNP)
Fitness Centers
2018

Capital BLUE 

Capital BlueCross is an independent licensee of the BlueCross BlueShield Association.

BlueJourney Alliance Lung Care HMO (SNP)
and BlueJourney Alliance Heart and Diabetes Care HMO (SNP)
Fitness Centers Directory

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HOW TO USE THIS DIRECTORY

This directory includes important information about the fitness providers that are participating in BlueJourney Alliance HMO (HMO SNP). The fitness centers listed participate in the Silver&Fit® program contracted through ASH Fitness. This information may be available in different formats. Please call Customer Service at the numbers printed below if you need plan information in another format.

Please check your BlueJourney Alliance HMO Evidence of Coverage to determine if you have fitness coverage.

Special Information about Fitness Providers

Silver&Fit® is a program of ASH Fitness, Inc. On behalf of Capital BlueCross, ASH Fitness, Inc. assists in the administration of this fitness program. ASH Fitness, Inc. is an independent company.

This directory is as current and accurate as possible at the time of publication. Some network providers may have been added or removed from our network after this directory was printed. We do not guarantee that each provider is still accepting new members. To get the most up-to-date information about the status of a fitness center, questions about your benefits, or any other aspect of your BlueJourney Alliance HMO health care coverage, contact:

- Silver&Fit® at 1-877-427-4788 (TTY 1-877-710-2746), Monday through Friday, 8 a.m. to 9 p.m., visit www.SilverandFit.com and register to use the website or contact the provider.
- BlueJourney Alliance HMO Customer Service department at 1-800-779-6962 (TTY users should call 711), Monday through Friday, 8 a.m. to 8 p.m., or visit www.CapitalBlueMedicare.com.

After normal business hours, you may leave a voice mail message and a Customer Service representative will return your call during the next business day.

Present your BlueJourney Alliance HMO member ID card each and every time you seek fitness services.

For detailed information about your fitness benefits, please refer to your BlueJourney Alliance HMO Evidence of Coverage or call our Customer Service department.

Special Information about Capital BlueCross and its Subsidiaries

BlueJourney Alliance HMO is offered by Keystone Health Plan® Central, a Medicare Advantage organization with a Medicare contract. Enrollment in BlueJourney Alliance HMO (HMO SNP) depends on contract renewal. These plans are available to people meeting certain eligibility requirements, including having been diagnosed with a form of heart disease, congestive health failure, chronic lung disease, or diabetes. Capital BlueCross and its subsidiary Keystone Health Plan Central are independent licensees of the BlueCross BlueShield Association. Communications are issued by Capital BlueCross in its capacity as administrator of programs and provider relations for all companies.

BlueJourney Alliance HMO Service Area

The BlueJourney Alliance HMO service area is Lancaster County.

Adamstown YMCA

71 E Main St
Adamstown, PA 19501
Phone: (717) 484-4996

Anytime Fitness

2005 Miller Rd
East Petersburg, PA 17520
Phone: (717) 839-2348

Baird Wellness Center

1 Masonic Dr
Elizabethtown, PA 17022
Phone: (717) 361-5699

Body & Soul Women's Fitness Studio

618 Columbia Ave
Lancaster, PA 17603
Phone: (717) 509-7777

Bright Side Opportunities Center

515 Hershey Ave
Lancaster, PA 17603
Phone: (717) 509-1342

Central PA Rehabilitation Services

1070 Dairy Ln
Elizabethtown, PA 17022
Phone: (717) 361-7489

Choice Fitness LLC

2350 N Reading Rd Ste 5
Denver, PA 17517
Phone: (717) 335-1055

CPRS Physical Therapy

100 Historic Dr
Strasburg, PA 17579
Phone: (717) 687-6657

101 S Lime St Ste A
Quarryville, PA 17566
Phone: (717) 786-8053

2 College Ave
Mountville, PA 17554
Phone: (717) 285-3900

248 Granite Run Dr
Lancaster, PA 17601
Phone: (717) 560-2917

3100 Willow Street Pike S
Willow Street, PA 17584
Phone: (717) 464-9013

501 S 15th St
Columbia, PA 17512
Phone: (717) 449-5238

660 E Main St
New Holland, PA 17557
Phone: (717) 354-7977

82 Doe Run Rd
Manheim, PA 17545
Phone: (717) 665-0400

836 Houston Run Dr Ste 101
Gap, PA 17527
Phone: (717) 442-8897

955 W Main St
Mt Joy, PA 17552
Phone: (717) 492-9532

Curves

923 E Main St
Mt Joy, PA 17552
Phone: (717) 492-0001

Elizabethtown Fitness Club

626 S Peach Aly
Elizabethtown, PA 17022
Phone: (717) 367-3327

Ephrata Recreation Center

130 S Academy Dr
Ephrata, PA 17522
Phone: (717) 738-1167

Figure Firm

1400 Elm Ave
Lancaster, PA 17603
Phone: (717) 393-3131

Formula Fitness

2495 Lincoln Hwy E
Lancaster, PA 17602
Phone: (717) 291-5959

Fortius Health & Performance Center

2078 Bennett Ave
Lancaster, PA 17601
Phone: (717) 553-4088

Hempfield Rec Center

950 Church St
Landisville, PA 17538
Phone: (717) 898-3102

Iron Fit Gym

105 Warwick St
Lititz, PA 17543
Phone: (717) 627-0038

LA Fitness

1300A Lititz Pike
Lancaster, PA 17601
Phone: (717) 295-1990

Lampeter-Strasburg YMCA

800 Village Rd
Lancaster, PA 17602
Phone: (717) 464-4000

Lancaster YMCA

265 Harrisburg Ave
Lancaster, PA 17603
Phone: (717) 397-6922

Lititz Rec Center

301 Maple St
Lititz, PA 17543
Phone: (717) 626-5096

Mount Joy Fitness

734 W Main St
Mt Joy, PA 17552
Phone: (717) 330-7845

New York Fitness Clubs

1593 S Mt Joy St
Elizabethtown, PA 17022
Phone: (717) 689-5440

Patton Pool

1244 Bainbridge Rd
Elizabethtown, PA 17022
Phone: (717) 361-5699

Planet Fitness

1319 Millersville Pike
Lancaster, PA 17603
Phone: (717) 397-8623

1786 Columbia Ave
Columbia, PA 17512
Phone: (717) 342-2049

2600 Willow St Pike N Ste 5
Willow Street, PA 17584
Phone: (717) 340-2626

379 N Reading Rd
Ephrata, PA 17522
Phone: (717) 733-5555

Spooky Nook Sports Inc

2913 Spooky Nook Rd
Manheim, PA 17545
Phone: (717) 945-7087

Town Square Fitness Center

544 N Penryn Rd
Manheim, PA 17545
Phone: (717) 664-6305

Universal Athletic Club

2323 Oregon Pike
Lancaster, PA 17601
Phone: (717) 569-5396

YMCA at New Holland

123 N Shirk Rd
New Holland, PA 17557
Phone: (717) 354-4747



For information, call Customer Service:

BlueJourney HMO

1-800-779-6962 (TTY: 711)

8 a.m. to 8 p.m., Monday through Friday

This document is available in alternate languages. If you require information presented in this directory in a language other than English, please call our Customer Service Department at 1-800-779-6962 (TTY: 711) for BlueJourney HMO, Monday through Friday, 8 a.m. to 8 p.m. ET, and ask for interpreting services.

Este documento está disponible en varios idiomas. Si usted requiere información presentada en este directorio en otro idioma aparte de inglés, por favor llame a nuestro Departamento del Servicio al Cliente al 1-800-779-6962 (TTY: 711) para BlueJourney HMO, de lunes a viernes de 8 a.m. a 8 p.m. tiempo del este y pida los servicios de interpretación.

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